

Save Money, Save Energy, Save the Planet . . .
The Low Carbon Diet Way!

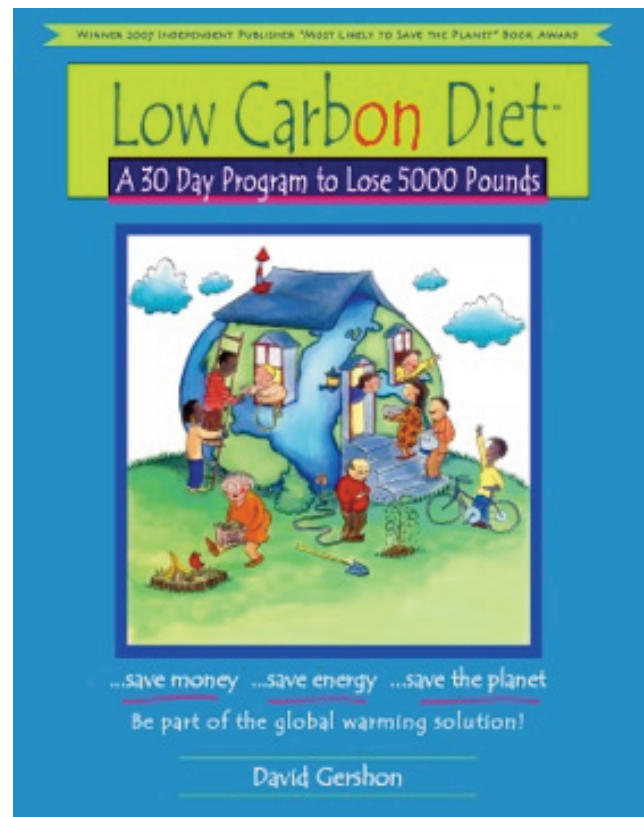
Monday, February 1, 2010

7:00 – 9:00pm

Daemen College

Business Bldg Rm 107-109

The **Low Carbon Diet** is about much MORE than what we eat! It's about using LESS energy from fossil fuels that are emitting too much carbon dioxide into the atmosphere. It's about reducing our "carbon footprint."



Let's make Amherst a "Cool Community!"

Come learn more about global climate change, how each of us can make changes in our lives and together make a big difference . . . while saving money & having fun.

Pre-registration encouraged at <http://tinyurl.com/coolamherstintro>

Questions? Call Don Duggan-Haas at **716-240-5946** or email dugganhaas@gmail.com

This workshop will be followed by one on February 20th, 11:00AM-2:00PM at Daemen College that will include a "Climate Change Café" and the formation of community eco-teams in Amherst. **Save the date!**

DAEMEN
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This event is co-sponsored by the Center for Sustainable Communities and Civic Engagement (CSCCE), Daemen College and the WNY Climate Action Coalition.